The City of SAN DIEGO

BALBOA PARK ACTIVITY CENTER

2145 Park Blvd, San Diego, CA. 92101, (858) 581-7100 http://www.sandiego.gov/park-and-recreation/centers/bpac/index.shtml

SPRING 2016

Hours of Operation

 Monday:
 3:00pm
 - 9:00pm

 Tuesday:
 11:00am
 - 10:00pm

 Wednesday:
 3:00pm
 - 9:00pm

 Thursday:
 11:00am
 - 10:00pm

 Friday:
 11:00am
 - 9:00pm

 Saturday:
 9:00am
 - 5:00pm

 Sunday:
 9:00am
 - 5:00pm

In House Registration/Permit Hours

Monday: 3:00pm - 7:00pm Tuesday: 11:00am - 5:00pm Wednesday: 3:00pm - 7:00pm Thursday: 11:00am - 5:00pm

We accept exact cash, check or credit card for payment. If these permitting hours do not work for you, please contact the center director at (619) 235–5998.

*Class and permit availability is limited and based on a first come first serve basis. Online registration is available with the addition of a \$2 transaction fee.

Our Mission

To acquire, develop, operate, and maintain a park and recreation system which enriches the quality of life for residents and visitors alike, and preserves it for future generations.



CLASS REGISTRATION BEGINS FEBRUARY 20th, 2016 AT 10:00AM

See back page of this brochure for more details

^{*}Times are subject to change without prior notice.

The Balboa Park Activity Center (BPAC) is a multi-purpose gymnasium built to accommodate badminton, table tennis, volleyball and other events, including regional, state and national tournaments. The Greater San Diego Science and Engineering Fair and a variety of tournaments for people with disabilities are also held at the Balboa Park Activity Center.

This 38,000 square-foot activity center represents the first new large construction in Balboa Park since the 1960's. The activity center joins a family of Balboa Park structures built for world expositions in 1915 and 1935. Beautiful landscaping, public art and spacious outdoor plazas at the north and south end of the building provide excellent locations for picnics, public gatherings and special events.

Basketball is available at the Municipal Gymnasium in Balboa Park (Muni Gym Phone: 619-525-8262).

Balboa Park Activity Center Staff:

Area Manager II: Vicky Hara Center Director III: Berenice Mora **Assistant Center Director: Brett Stanley**

Recreation Leader I: Irene Burns Recreation Leader I: Thai Lay

Recreation Leader I: Janette Montero

Recreation Leader I: Latece Foster

Recreation Leader I: Sofia Bianconi **Recreation Leader I: Stephen Howell**

Recreation Leader I: Noah Jones-Ross

Community Partners

The following businesses and organizations show their support:

- BP/Morley Field Recreation Council
- San Diego Table Tennis Association
- San Diego Badminton Club

BP/Morley Field Recreation Council

Meetings are held on the first Wednesday of every other month from 6:00 p.m. to 8:00 p.m. at Balboa Park Activity Center and are open to the public.

> Spring Meeting Dates April 6th June 1st



OPEN PLAY INFORMATION

The Balboa Park Activity center offers free open play badminton and volleyball.

When courts are full, sign-ups will be taken at the front desk.

BPAC does not provide equipment to the public for open play activities.



The monthly open play calendar can be found on the city website at sandiego gov and hard copies are available at the front desk.

Times and activities are subject to change with little or no notice.

All City of San Diego parks and beaches are smoke and alcohol free.

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GEN-DER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDI-CAL CONDITION (INCLUDING HIV. AIDS. & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST. HE OR SHE MAY FILE A COMPLIANT ALLEGING THE DISCRIMINATION WITH FITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT. (CONTACT DISTRICT MANAGER AT (619) 235-1106) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR. WASHINGTON.

D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

PROGRAMS

YOUTH SPORTS

This program is to help kids interact in a fun and safe way while learning the basic fundamentals of different sports. Your children will participate in a variety of physical activities including badminton, volley ball, table tennis and dodge ball with a curriculum designed to promote motor skills and athletic abilities.





Day/Dates: Monday March 28 - May 23

3 - 5 years 5:00pm - 5:50pm [22462] Age/Time:

6:00pm - 6:50pm [22467] 6 - 8 years

Cost: \$30 /9 weeks

> Minimum enrollment: 4 Maximum enrollment: 8

CHESS CLUB

Children ages 9 to 17 years are invited to learn and play the game of Chess. Staff will start with the basics for beginners and help polish the skills of more experi-



enced players. Class will end with participants playing against each other and staff, with guidance when needed. All skill levels are welcome.

Day/Dates: March 28 - May 23 Monday

Age/Time: 9 - 17 years 4:00pm - 5:00pm [22464]

Cost: Free/9 weeks

> Minimum enrollment: 2 Maximum enrollment: 12

KIDS NIGHT OUT

Each month BPAC staff members host "Kids Night Out" a party for the kids and a chance for parents to take the night off!!! The kids enjoy 4 hours of active games, crafts, snack, pizza dinner, and a movie (rated G or PG). Have a night off and pick your kids up fed and happy.

Day/Time: Last Friday of each month 5:00pm - 9:00pm

Date/Session: March 25th [22479]

April 29th [22480]

May 27th [22481]

Cost: \$15 per person



ARTS AND CRAFTS

In this class you will make and decorate a variety of different projects. Each week participants will create a different craft they can bring home when finished.



Session/Dates: Session A March 25 - April 16 [22460]

Session B April 29 - May 21 [22461]

Days/Times: Friday 4:00pm - 4:50pm

> 12:00pm - 12:50pm Saturday

4 - 9 years Age:

Free/8 days per session Cost:

Minimum enrollment: 3 Maximum enrollment: 12

OPEN STUDY HOURS

High School Students are invited to use the Activity Center Meeting Room as a quiet place to complete homework or study. A Staff member will be present and available to try and help with questions on material. On site internet access will not be available.



Day/Dates: Tuesday/Wednesday March 1 - May 31 Age/Time: 13 - 18 years 4:00pm - 5:00pm [22464]

Cost: Free/11 weeks

Minimum enrollment: 0 Maximum enrollment: 15

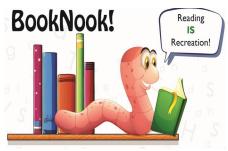
BPAC BOOK NOOK

What is Book Nook? Book Nook is a "take a book, Leave a book" place to gather where everyone can share their favorite book, literature and stories.

If anyone really likes a book they can keep it and donate a different book to our library to share with others.

If anyone is looking for something to read the Book Nook is a perfect place for children and adults.

Located in the BPAC lobby and open during all hours of operation.



PROGRAMS

BASICS OF GARDENING

Participants will learn basic gardening techniques and grow flowers, fruits and vegetables. Bring your plants home or add them to the BPAC back patio garden. Participants may get dirty, please ware appropriate clothing.

Days: Sundays

Dates: March 27th - May 29th [22466]

Time: 11:00am - 12:00pm

Age: All ages
Cost: Free /9 Weeks

Minimum enrollment: 4 Maximum enrollment: 10



SLOW FLOW YOGA

This is an all levels class focused on creating fluidity and heightening awareness in the body. Props such as bolsters, blocks, and straps are regularly incorporated in your practice to support proper alignment and opening of the body. This class complements other physical activities by strengthening and stretching the most commonly strained areas of our bodies. Yoga mats are provided; a towel and water are recommended.

*Registration does not guarantee a place in class due to room capacity. Spots will be determined on a daily basis and will be first come first serve.

Days: Monday/Thursday

Dates: March 3rd - May 30th [23130]

Time: 6:15pm - 7:15pm

Age: 18 and up
Cost: Free /13 Weeks

Minimum enrollment: 2 Maximum enrollment: 12



BORKO'S TABLE TENNIS LESSONS

This Program is open to beginners, intermediate and advanced students. This Program is intended to generate necessary skills and prepare students for games of table tennis and tournament play participation. If you want to play table tennis and have fun, then join the class!

Instructor: Coach Borko Dragojlovic

Days: Monday/Friday
Time: 5:30pm -8:30pm
Age: 6 years and up
Cost: \$260/6 classes

Dates: March 7th - March 25th [23657]

April 4th - April 22nd [23658] May 2nd - May 20th [23659]

Minimum enrollment: 1 Maximum enrollment: 8

BOOK CLUB

Turn reading into a social activity! Members will discuss selected books in a group setting and take turns expressing their opinions on selected reading material. The Book for the winter 2016 session will be "The Alchemist" written by Paulo Ceolho. Participants will need to acquire their own copies.

Days: Sundays

Dates: March 27th - May 29th [22465]

Time: 3:00pm - 4:00pm

Age: 13 and up Cost: Free/9 weeks

Minimum enrollment: 3 Maximum enrollment: 12



PERRY'S TABLE TENNIS LESSONS

If you are interested in increasing your knowledge and ability in this popular Olympic sport, this is your opportunity to learn the game from a pro, Perry Schwartzberg. This is one-on-one private lesson for \$50/hour.

Please contact the instructor to set up training days and times.

Phone: 832-651-8302 Email: ashscoot@aol.com

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or

Swim 30 miles between June 18 and

August 13

Reward: Get fit, stay healthy & receive

a Parks Fit SD t-shirt!



Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Market in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Drive, San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Road, San Diego 92106

Stay Fit San Diego!

Visit: www.sandiego.gov/park-and-recreation for more info.



Proudly Presented by:

CLUBS

SAN DIEGO BADMINTON CLUB

Since 1937 the SDBC has welcomed players of all ages and skill levels to recreational and competitive badminton. The availability of a first-class badminton facility in Balboa Park helped in the development of a series of national and international champions, both men and women, who had their start in San Diego. Many of these champions are ensconced in the nearby Hall of Champions.

The San Diego Badminton Club provides competitive and recreational play for about 300 members and supports open badminton for about 1,000 other San Diego residents and visitors.

The San Diego Badminton Club, through grants from several athletic associations, provides a development program for junior players ages 12-22, including coaching, clinics and tournaments support. The SDBC also provides badminton instruction



to its members, sponsors sanctioned tournaments, holds badminton demonstrations, provides umpiring clinics and is host to a variety of local, national and international tournaments. Membership is open to the general public. Rackets not provided. Annual membership payment can be made on their website.

Adult	\$80.00
Junior (Under 17)	\$40.00
Family (Spouses in same household)	\$140.00
Add Child to Family (each)	\$20.00

Website: www.sandiegobadminton.org

SAN DIEGO TABLE TENNIS ASSOCIATION

The Mission of SDTTA is to foster a community of table tennis enthusiasts; a place where players of all levels can discover their passion for the

sport, develop their skills and health, and compete regularly in a friendly atmosphere.

The SDTTA offers 25 Butterfly tables, bright overhead lighting

and a high tech sports floor. Players of all ages and skill levels are welcome to enjoy table tennis at this friendly established facility.

The San Diego Table Tennis Association has approximately 400 members who play regularly. There are usually 60-75 participants in our Thursday Night Round Robin Tournaments, which are held weekly and gives members a SDTTA rating. Two nationally sanctioned Open Tournaments are held annually, usually in the spring and fall. The benefits of exercise and interactive social activities are directed towards the entire family, community, young and old, and male or female. There is access for players with disabilities. The Senior Table Tennis Olympics are also held here yearly, headed by a SDTTA member.

Membership is open to the general public. Members pay an annual fee of \$50 and non-members are welcome to participate with a \$5 drop in fee (first time is free). Paddles and balls are not provided. Annual membership payment can be made on their website.

Website: www.sdtta.org

THURSDAY CLUB

For nearly 100 years Thursday Club members have combined social activities and volunteering their time for civic and benevolent projects benefitting Balboa Park and the San Diego community. They hold an annual Rummage sale in the Balboa Park Activity Center and rent out their club house for weddings, meetings, and other special events.

Location; 1224 Santa Barbara Street, San Diego, CA 92107

Website: www.thethursdayclub.org

Telephone: 619-224-5264

For all inquiries please contact manager@thethursdayclub.org



RENTAL EVENTS

The Thursday Club 89th ANNUAL RUMMAGE SALE

Largest Thrift Garage & Estate Sale in Southern California! March 12 & 13, 2016

Saturday, 9am - 4pm & Sunday, 10am - 2pm.

San Diego's largest rummage sale, started in 1927, will be held March 12 and 13, 2016, in the Activity Center (2145 Park Blvd., east side of Balboa Park) in Balboa Park. New and gently-used merchandise, including jewelry, art/frames, antiques, collectibles,



furniture, sporting equipment, holiday and home décor, kitchenware and small appliances, toys, electronics, books and clothing will be sold to raise money for Balboa Park and community non-profits.

Parking and Admission are free.

A Thursday Club representative will begin handing out priority entry numbers on Saturday, March 12 beginning at 6am on a first-come, first-served basis.

Donations:

Quality rummage donations from the public are gratefully received 10 a.m. to 3 p.m. on Sunday, March 6 and Monday, March 7 at the Balboa Park Activity Center.

For more information please visit the website: www.thethursdayclub.org/annual-rummage-sale.html

Greater San Diego Science and Engineering Fair

Students in grades 7-12 attending school in San Diego or Imperial Counties are eligible to be considered for the Greater San Diego Science and Engineering Fair. All projects must be screened for review to qualify for the GSDSEF. Every year our *Rules and Regulations* are revised to meet with California State and International Science and Engineering Fair requirements. Please ensure that your project meets all the rules and regulations stipulated. Failure to do so could constitute disqualification from the Greater San Diego Science and Engineering Fair. Review the 2016 Rules and Regulations. View the 2016 Teacher Checklist to determine which form(s) must be completed for your project and other important information. All information can be found on their website: www.gsdsef.org

Dates

March 15 - Registration & Setup Day

March 16 - Judging Day

March 17 - Open to the Public, Awards Ceremony

March 18 - Open to the Public, Media Day

March 19 - Open to the Public

March 20 - Open to the Public, Tear-down

Contact information

General Questions - ContactUs@gsdsef.org

Judges - larrynordell@gmail.com

Professional Societies - adinasobo@gmail.com



MUNICIPAL GYMNASIUM AND MORLEY FIELD SPORTS COMPLEX

Municipal Gymnasium is located at 2145 Park Blvd, San Diego, CA, 92101 in Balboa Park. It offers three full size basketball courts and bleachers for spectators. The basketball courts are available for rent. Open play hours may vary and are subject to change.

Morley Field Sports Complex is located in Balboa Park at 2221 Morley Field Drive. It offers multi-purpose ball fields, tiny tots play area, archery range, off leash dog park, group picnic areas, outdoor sand volleyball court, disc golf course, a velodrome (bicycle track), a fitness par course, Bud Kearns Swimming Pool, 24 balboa tennis club courts, hiking/running trails, and Balboa Park's Municipal Golf Course.

BALBOA PARK AND MORLEY FIELD ARCHERY RANGES:

The ranges in Balboa Park and Morley Field are the last remaining public field archery ranges in Southern California. For more information go to: www.sandiegoarchers.com

BUD KEARNS MEMORIAL POOL:

Pool size is 22 yards long by 40 meter wide, with 14 lanes, two spectator areas and lounge chairs available. For more information call (619) 692-4920.

BALBOA PARK TENNIS COURTS:

Includes 24 hard courts, a stadium court with seating for 4,000. For more information and reservations contact: **www.balboatennis.com** (619) 295-9278.

SAN DIEGO VELODROME:

The Balboa Park Velodrome is a 333.3 meter concrete track with a maximum banking of 27 degrees in the turns. For more information contact: www.sdvelodrome.com

MORLEY FIELD DISC GOLF COURSE:

Located at 3090 Pershing Drive, San Diego, CA 92104, this 30 acre disc golf course is open 365 days a year, sunrise to sunset. Only \$3 weekdays and \$4 weekends, with \$1.50 disc rentals, please contact **morleyfield.com** or (619) 692-3607 for additional information.

HIKING TRAILS AND BIKE PATHS:

Balboa Park offers 19 trails totaling over 65 miles of varying difficulty, scenery, and length. Run or bike through the park on dirt paths or along the beautiful museums and incorporated landmarks. Visit **balboapark.org** for more information.

GENERAL INFORMATION

PHONE NUMBERS:

BP Permit Center	(619) 235-1169
BP Special Events	(619) 235-1104
BP Information Receptionist	(619) 235-1101
Municipal Gymnasium	(619) 525-8262
Bud Kearns Memorial Pool	(619) 692-4920
North Park Recreation Center	(619) 235-1152
Golden Hill Recreation Center	(619) 235-1138
Animal Control	(619) 236-4250

Volunteers

We are always looking for people who would like to share their knowledge and passion. If you are interested in volunteering come in and speak to the Center Director or contact the Volunteer Office at (619) 533-4017.

PERMITS & RENTALS:

To obtain a building permit for Balboa Park Activity Center, please contact the Center Director. (619) 235-5998. Registration and Permits will be taken from 3:00pm - 7:00pm on Mondays and Wednesdays, and 11:00am - 5:00pm Tuesdays and Thursdays. We except exact cash, check or credit card for payment. If these permitting hours do not work for you, please contact the center director at (619) 235–5998.

ACTIVITY CENTER HOLIDAY CLOSURES:

March 31st - Cesar Chavez Day May 30th - Memorial Day



In the case of emergency, there is a public Automatic External Defibrillator located in the front lobby of the Balboa Park Activity Center



ONLINE REGISTRATION INFORMATION

You may register online for all contractual programs offered by the Recreation Council using the Online Activity Registration System.

Log onto: www.SDRecConnect.com

Returning Customers (previously registered for classes online) - Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account. First-time Online User?

New Accounts – click on the "Create Account" button. Fill out the New Account request form completely, including all required fields (Birth date, gender, email address, etc.) and click submit. Please submit your request only once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to active account.

*Please Note: (For first time users only) Parents/Guardian must create their own account first using their own information. Once you have an online registration account, you will have the opportunity to add a child as a family member.

If you need help, please click the FAQs (Frequently Asked Questions) button for information.

PAYMENT

- Payment is required at the time of registration.
- 2 Payment methods for registrations taken at the Center are a credit card, EXACT cash or a check payable to BPAC Recreation Council.
- 2 Online Class registration requires a credit card payment.
- 2 Credit cards accepted are VISA, MasterCard, American Express and Discover.
- 2 We are unable to accept debit cards.
- 2 A \$25.00 fee will be charged for all returned checks.
- ☑ Effective September 8, 2015, service fees will apply as follows for all transactions. For Online Registrations, \$2 Transaction fee and 3% Processing fee will be charged for every transaction. For In-house Registrations, \$2 Transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable.
- **2** Financial assistance is available. Please submit the application to the Recreation Center office one week prior to the start of registration.
- Class fees are not prorated/discounted after the beginning of the scheduled session.

ARE YOU GOING TO REGISTER ONLINE?

Online Registration Activity Numbers are assigned for each class and appear in brackets. Example [12345]

